



Saint Michael Catholic Church

Serving the Community of Paradise Hills, San Diego since 1957

2643 Homedale Street, San Diego, CA 92139

Phone: (619) 470-1977 • Fax: (619) 267-9397 • www.stmichaelsandiego.org



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The Spirit drove Jesus out into the desert, and He remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to Him. - Mark 1:12-13

FEBRUARY 21 2011

MASS

SUNDAY: **7:00 AM** **1:00 PM** (*Academy/Children's Choir*)
 8:30 AM (*Español*) **4:30 PM** (*Youth and Young Adult Mass*)
 10:00 AM **6:00 PM** (*Filipino Mass on 1st Sunday*)
 11:30 AM **7:30 PM** (*Jazz Choir on 3rd Sunday*)

Saturday: **5:00 PM** (anticipated Mass for Sunday obligation)

Monday to Saturday: **8:00 AM** and **7:00 PM** (on **Tuesday & Friday**)

Holy Days: **8:00 AM** **12:00 PM** **5:00 PM** and **7:00 PM**

CONFESSIONS

3:30 PM - 4:30 PM (Saturday); Fridays at 6:30 PM to 7:00 PM

DEVOTIONS

Tuesday, 6:20pm —Rosary for the Culture of Life / **6:45pm**—**Mother of Perpetual Help** Novena

First Thursday & Third Thursday, 6:00 PM - **Divine Mercy** Chaplet and Novena

Friday, 6:45 PM—**Santo Niño** Novena

First Friday Devotion to the Sacred Heart of Jesus (Holy Hour and All Night **Adoration of the Blessed Sacrament**) is Temporarily Suspended until further notice (refer to Page 10)

First Saturday - Benediction of the Most Blessed Sacrament (suspended until further notice)

Third Saturday - Our Lady of Peñafrancia Perpetual Novena (suspended until further notice)

SIXTH SUNDAY IN OR-

Pastor

Rev. Fr. Manuel Ediza

Associate Pastor

Rev. Msgr. Francisco Cinco III

Deacons

Carl Shelton and Gustavo Magaña

St. Michael Academy & Preschool

Rev. Msgr. Francisco "Jun" Cinco III

Director of Students & Teachers Affairs

Ms. Veronica Dayag, Principal & Director

Mrs. Rowena Lewis, Office Secretary

(619) 470-4880 / (619) 472-5437

School of Religion

Mae Salamat, (619) 470-2292

Confirmation /

Youth and Young Adults

Ms. Arla Sigarlaki, Coordinator

(619) 470-2298

Funerals and Bereavement

Ministry Team: Resfina Torreallas,

Evelyn Buanan, Anita Almuina, Anita OngVaño,

Luis Morales, Erlinda Soriano

(619) 470-1977 or 619-261-2544

Weddings

Mrs. Barbara Patton, Coordinator

smweddings.church@gmail.com

619-470-7492

Liturgy/Music

Kim Conda San Pedro, Coordinator

Bulletin

Resfina Macoy-Torreallas

Parish Office

Ms. Mae Salamat, Parish Secretary

Mr. Nathan Montemayor, Receptionist

619-470-1977

PARISH OFFICE HOURS:

Monday to Friday 8:30 a.m. - 5:00 p.m.

Closed on weekends and holidays.

BAPTISM

Please make arrangements at least three months in advance with the Ministry Staff. Pre-baptismal Seminar is required for parents and sponsors.

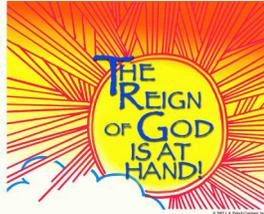
In case of an emergency, or if you need to speak to a priest after office hours, please call (619) 472-2655 and leave a message. A priest will contact you as soon as possible.

Today's Gospel Reflection

1st Reading: Gn 9:8-15 * Psalm: Ps 25:4-9 *
2nd Reading: 1 Pt 3:18-22 * Gospel: Mk 1:12-15

REPENT AND BELIEVE IN THE GOSPEL

Lent is the time of year we devote to scrutinizing our lives in the light of our baptism into the death and resurrection of Jesus. Today's readings are a nice shorthand catechism of what our baptized lives mean. As Noah passed through the waters of the flood to a covenant with God, so did we enter into a covenant, a promised relationship with God through our baptism.



Peter's letter gives an explicit explanation of what our baptism means: it is an appeal we make to God for a clear conscience. How do we obtain this clear conscience? The words proclaimed by Jesus immediately following his temptation show us the way: "Repent, and believe in the gospel" (Mark 1:15). It might be a good spiritual exercise to keep these readings before us throughout the entire season of Lent, a means to help us return to a life lived by our baptismal promises.

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Your ways, O LORD, make known to me; teach me your paths.
— Psalm 25:4

READINGS FOR THE WEEK

Monday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19
Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
Sunday: Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10

SAINTS AND SPECIAL OBSERVANCES

Sunday: First Sunday of Lent; Rite of Election; Rite of Calling the Candidates to Continuing Conversion; Rite of Sending
Monday: Washington's Birthday; Julian Calendar Lent begins
Tuesday: St. Polycarp
Thursday: Purim (Jewish observance) begins at sunset
Friday: Abstinence
Saturday: St. Gregory of Narek

THE QUALITY OF CHANGE

To change and to change for the better are two different things. —German proverb

BEAUTY IN FORGIVENESS

Humanity is never so beautiful as when praying for forgiveness, or else forgiving another. —Jean P. F. Richter

FIRST SUNDAY OF LENT

The Spirit drove Jesus out into the desert, and He remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to Him. - Mark 1:12-13

BAPTISM. Today's readings suggest two different meanings and experiences of baptism. The second reading (from 1 Peter) makes an analogy between Noah's ark and Christian baptism: just as Noah and his family were saved from death by going through the waters of the flood in the ark, Christians are saved from sin and death by going through the waters of baptism. The first reading, from Genesis, portrays the world after the flood: washed clean of its prior wickedness, embraced by God's promises that the world will never again be destroyed by water. The psalmist expresses a desire to follow the ways of God, as if re-establishing the harmony between God and humanity destroyed by sin. This peaceful scene is very different from the drama and urgency in Mark's description of Jesus after his baptism. Jesus battles demons, receives sustenance from angels, and begins preaching: "Repent. The kingdom of God is at hand."

GOOD MORNING! WELCOME TO LENT! You probably did not get that greeting from your priest today, and you probably did not expect it. Isn't Lent a time of reflection and repentance? Somber purple, no "Alleluias"? Prayer, fasting, and almsgiving; attending to one's relationship with God?

True enough; however, there are Lenten practices that have a festive air woven into these penitential elements. One example is in the Church's retrieval of ancient Lenten practices that made up the final preparation of persons elected to receive the Easter sacraments of baptism, confirmation, and eucharist. Jesus' urgent preaching in today's passage from Mark comes soon after his own baptism and reminds us that these sacraments still signal a dramatic change in a person's life: they have responded to Jesus' preaching of the kingdom and are now publicly professing themselves to be disciples of the Lord and fully initiated members of his visible church. The prayer, fasting, and almsgiving during Lent were part of that preparation. Repentance was then, and remains today, important also for those already fully initiated; the work of repentance, of prayerfully examining our lives and making changes in anticipation of God's reign, is an ongoing aspect of our life in Christ.

A SECOND CHANCE TO MAKE A FIRST IMPRESSION. Other changes with baptism are more subtle and personal. When Noah and his family emerged from the ark, they saw that the floodwaters had receded after cleansing the world of human sinfulness. Everything was clean and fresh—a new creation, with a rainbow to guarantee God's promise to never again destroy the world with water. So, too, will the newly baptized emerge from the font and be anointed with chrism. Like the earth after the great flood, they are a new creation. Washed clean of sin and anointed with chrism, they are renewed in the embrace of the God of covenant love.

This is why Lent is always a festive anticipation of Easter and always about baptism, just as it is always about the repentance that draws us more deeply into God's kingdom.

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Dear Parishioners and friends,



Today is the First Sunday of Lent. **What is Lent?**

- The word Lent is derived from the Old English *lencten*, which means "lengthen." It refers to the lengthening of the daylight hours that occurs in the northern hemisphere as spring approaches. It is in this period of transition from late winter to early spring that the season of Lent falls. It has been used from the Anglo-Saxon period to translate the more significant Latin term *quadagesima* (Italian *quaresima*, Spanish *cuaresma*), meaning the "forty days", or "fortieth". **Lent is a forty-day liturgical season** that initiates the most sacred part of the Christian year. Lent begins on Ash Wednesday and concludes on the Great Vigil of Easter. During Lent, Christians meditate on the great paschal mystery -- the salvation God won for us sinners by the suffering, death, and resurrection of Jesus Christ.
- **Why 40 Days?** Forty is symbolic for trial, testing, and waiting. .. it is a journey that leads to a spiritual time of growth and change. The meaning of the season is further enriched by other biblical occurrences of the number 40 (either in years or days). Among them: it rained for 40 days and 40 nights during the time of Noah (Gn 7:4); Moses was on the mountain with God for 40 days (Ex 24:18); the Israelites wandered in the wilderness for 40 years (Nm 32:13); the prophet Jonah warned the people of Nineveh they had 40 days until God would overthrow the city, they repented and fasted and God spared Ninevah (Jon 3:4); Elijah fasted 40 days in the wilderness (1 Kings 19:8); Jesus fasted for 40 days and 40 nights and struggled with the devil (Mt 4:1-2); Jesus, by tradition, spent 40 hours in the tomb (*a Blessed Sacrament devotion originated in Milan in 1534 and was propagated by the Jesuits*); and Jesus spent 40 days on earth from His Resurrection to His Ascension (Acts 1:3).
- **Lent is a time of preparation and self-sacrifice through prayer, penance, repentance, almsgiving, fasting and abstinence, and self-denial** or giving up worldly desires and activities.
The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. [Catechism of the Catholic Church #1434]
- **Why Fast and abstain during Lent?** The primary meaning of the fast is considered to be a way of identifying with the suffering of Jesus.
Jesus' temptation reveals the way in which the Son of God is Messiah.... This is why Christ vanquished the Tempter for us: "For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tested as we are, yet without sinning." By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert. [Catechism of the Catholic Church #540]
- **All Fridays of Lent are days of abstinence** for those **14 years and older**. Catholics between the ages of **18 and 59 are obliged to fast and abstain on Ash Wednesday and Good Friday**.

Rev. Fr. Manny Ediza, Pastor



Greetings St. Michael Community,

Our preschool program provides a unique early childhood program which offers a science, technology, engineering, and mathematics (STEM) based curriculum to young children. Coupled with building a faith-based community, children will develop social, emotional, physical, and cognitive abilities which allow them to connect with the societal advances with our ever-changing world.

During this pandemic our preschool has taken the proper protocols to ensure the health and safety of our students and teachers. We are currently accepting applications for our multi-age classroom 2-3.5 years old. The Pre-Kindergarten classroom is currently full.

To inquire about enrollment please reach out to director@stmichaelsandiego.org or call 619.472.5437. At this time, we are unable to give tours due to the pandemic, however, you can visit our website at www.smapreschool.org.

In Christ and Education,

Ms. Veronica Dayag
Director of Preschool

PHILOSOPHY

At St. Michael Preschool we want to share with the educational mission of the Church and each family. We want to build a faith community based on love and social skills. We want to develop a positive self-image, learn with God-given values and grow in knowing the needs of others surrounding Him.

GOAL

Our goal at St. Michael Preschool is to encourage each student to develop a relationship with God, to love each other, and to learn to love and love to learn. And lastly, we want them to recognize their uniqueness and importance as a good person.

OBJECTIVE

To achieve the above-goals, we will provide every spiritual opportunity with prayer, modeling, respect and acceptance of others. We will teach them about the consequences for their decisions and problem-solving techniques. This can be done age-appropriately by touching their intellectual, physical, social and psychological being.

FEAST OF FAITH *Seasonal Changes for the Liturgies of Lent*

Today is the First Sunday of Lent. During this season of preparation for Easter, our churches look stark and simple—no flowers at the altar, no festive banners or decorations. And our liturgies feel different, too. The organ is quiet except to accompany the singing of the assembly. The Gloria, our Sunday song of rejoicing, is not heard except on solemnities, and we will not sing the Alleluia, our joyful acclamation of praise, until the Easter Vigil. “Alleluia cannot always / Be our song while here below,” says an eleventh-century hymn. “Alleluia our transgressions / Make us for a while forego; / For the solemn time is coming / When our tears for sins must flow” (*Alleluia dulce carmen*, J. M. Neale, trans.).

These changes in the liturgy will catch our attention, and make us eager for the festive outpouring of joy that will return with Easter. This year, may the stripped-away liturgies of Lent remind us to strip away what is not essential in our lives to make space for the crucified and risen One, and thus to be ready to sing “Alleluia” once again when Easter returns.

—Corinna Laughlin, Copyright © J. S. Paluch Co.

TREASURES FROM OUR TRADITION

The pastoral care of the sick will be misunderstood if we start from the vantage point of the sickroom. Begin with the Sunday assembly, from which the sick person has been separated by the crisis of illness, and whose absence is given expression in prayer and service. The goal is to extend the consolation of the Lord’s presence at the table to those who are apart from it, and for the assembly to enfold them in prayer.

Secondarily, the goal is to teach people what the Church desires for all those who are sick. Seeing ministers dispatched to the sick from Mass every Sunday might help a caregiver realize that their dear one can also receive Communion. Witnessing the anointing of a woman facing surgery might help another person to overcome hesitation and ask for the sacrament’s healing and strength. Society’s impulse may be to marginalize the sick, but the tradition of our community is to see them at the center of our life. When Roman persecutors ordered St. Lawrence the Deacon to hand over the jewels of the church, he assembled a motley crew of the sick and the infirm and announced with all humility, “Behold, my Lord, the treasures of the church of Christ.”

—Rev. James Field, Copyright © J. S. Paluch Co.

Reflexiones del Evangelio

ARREPIÉNTANSE Y CREAN EN EL EVANGELIO

La Cuaresma es la época del año que dedicamos a examinar nuestras vidas a la luz de nuestro Bautismo en la muerte y Resurrección de Jesús. Las lecturas de hoy son un catecismo abreviado de lo que significa estar bautizados.

Como Noé pasó por las aguas del diluvio a una alianza con Dios, así también nosotros entramos en una alianza, una relación con Dios, mediante nuestro Bautismo.

La carta de Pedro da una explicación explícita de lo que nuestro Bautismo significa: un llamamiento que hacemos a Dios para que nos dé una conciencia tranquila. ¿Cómo podemos obtener esta conciencia tranquila? Las palabras proclamadas por Jesús inmediatamente después de su tentación nos muestran cómo: "Arrepiéntanse y crean en el Evangelio" (Marcos 1:15). Podría ser un buen ejercicio espiritual mantener estas lecturas ante nosotros durante todo el tiempo de Cuaresma, un medio que nos ayude a volver a una vida vivida por las promesas bautismales.

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Descúbrenos, Señor, tus caminos, guíanos con la verdad de tu doctrina. — Salmo 25 (24):4

LECTURAS DE HOY

Primera lectura — Dios estableció una alianza con Noé y sus hijos y les prometió que nunca más habría un diluvio devastador (Génesis 9:8-15).

Salmo — Descúbrenos, Señor, tus caminos (Salmo 25 (24)).

Segunda lectura — Aquella agua representaba el bautismo que ahora nos salva (1 Pedro 3:18-22).

Evangelio — Después de los cuarenta días en el desierto, Jesús viene a Galilea proclamando el Evangelio de Dios (Marcos 1:12-15).

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LA CALIDAD DEL CAMBIO

Cambiar, y cambiar para algo mejor, son dos cosas muy diferentes. —Proverbio alemán

LA BELLEZA DEL PERDÓN

La humanidad nunca es tan hermosa como cuando reza implorando perdón o cuando perdona a otro.

—Jean P. F. Richter



Let us be "protectors" of creation, protectors of God's plan inscribed in nature, protectors of one another and of the environment.

- Pope Francis



FIESTA DE LA FE ESTAR SENTADOS EN LA LITURGIA

Nos sentamos en la liturgia no porque no haya nada que hacer o para 'salir de la celebración', sino para escuchar a Dios mismo que nos dirige su palabra, o bien, que se nos revela en el silencio posterior a la sagrada comunión. Al sentarnos nos disponemos para entrar en un diálogo con el Señor, mediante su palabra que nos es proclamada; disponemos todo nuestro ser para escuchar la historia de amor entre Dios y el pueblo, siendo conscientes o no, de que ese pueblo somos nosotros mismos, de que esa historia es nuestra historia. Escuchamos una historia que no siempre será nueva en el relato mismo, pero sí en el efecto que este relato tiene en nuestra vida actual. La homilía, como momento de diálogo entre las lecturas y la vida diaria, nos brinda esa excelente oportunidad de entender qué es lo que Dios quiere de nosotros a raíz de lo que hemos escuchado. Así pues, estar sentados en la asamblea no es una actitud pasiva, sino receptiva, de quien se dispone totalmente a acoger la palabra de Dios que le es comunicada. Esta acción, realizada por cada persona, debe ser un movimiento de toda la asamblea, que en la medida de lo posible, rompe el aspecto mecánico y da intencionalidad y plenitud a esta acción tan particular de disponerse a la voz del Señor que su siervo escucha (1 Samuel 3:10).

—Miguel Arias, Copyright © J. S. Paluch Co.

SEIS DIRECTRICES DE LA VIDA

(Reflexiones por Msgr. Jun)

1. Cuando estás solo
 - Preocúpate de tus pensamientos.
2. Cuando estás con tus amigos
 - Preocúpate tu lengua.
3. Cuando estás enojado
 - Preocúpate tu temperamento.
4. Cuando estás con un grupo
 - Cuidado con tu comportamiento.
5. Cuando tienes problemas
 - Preocúpate de tus emocioness.
6. Cuando Dios te bendiga
 - Métete en tu ego.



*"Be a Part of the Dream—
Together We Build Campaign Projects"*

"Ser Parte Del Sueño: Juntos Construmos!"
Gracias a quienes han participado. Usted puede encontrar tarjeta de compromiso en las bancas o en el vestibule. Por favor deje su compromiso en la canasta de ofrendas. Llame a la oficina para pregunta.

STEWARDSHIP

STEWARDSHIP AND THE SEASON OF LENT: CHANGING OURSELVES

Saint Ignatius of Loyola offered us these words of wisdom, which seem particularly relevant as we come closer to the season of Lent: "He who goes about to reform the world must begin with himself, or he loses his labor."

Christian stewards are by nature reformers. We attempt to live our lives in a way that makes the world a better place. We open our hearts to the Gospel. We contribute to charities that we believe in. We build up our Catholic parishes so that they might shine the light of truth into our weary world. We work to alleviate poverty and injustice. We witness to Christ's healing presence in our homes and places of work. Many of us work in schools, parishes, and diocesan offices where we bring a passion for reforming our world. Christian stewards who work in a secular environment endeavor to bring Christian values into the marketplace.

Lent doesn't ask us to stop any of these efforts. But, as we listen to Saint John the Baptist in the Gospel, "the voice of one who cries in the desert" proclaiming the beginning of Lent, we know that the Church in her wisdom has given us a compelling season to look inward, to seek quiet time in our own desert. Saint Ignatius, Saint John the Baptist, and the season of Lent remind us that trying to change the world will not work if we don't first of all change ourselves.

Lent points the way to what really matters: Christ. We are asked to experience Him who is the reason for our endeavors, our passion and our work in this world.

The Church provides some traditional guidelines: prayer, fasting, almsgiving. Saint John the Baptist provides a challenge: "Anyone who has two tunics must share with the one who has none, and anyone with something to eat must do the same" (Luke 3:11). How we integrate these three guidelines into Lent's forty days is a personal decision, but one which should take us on a journey into our own hearts, where we ask ourselves why we labor, what our work and our life really mean, to whom we and our life's work really belong.

- International Catholic Stewardship Conference Parish E-Bulletin, Feb..2021

SIX GUIDELINES IN LIFE

(Reflections by Msgr. Jun)

1. When you are alone—mind your thoughts.
2. When you are with Friends—mind your tongue.
3. When you are angry—mind your temper.
4. When you are with a group—mind your behavior.
5. When you are in trouble—mind your emotions.
6. When God starts blessing you—mind your ego.

STEWARDSHIP PRAYER *For February*

Merciful God, We embark on our journey of renewal through difficult and uncertain times; times of division and strife, and for many suffering and discouragement. But our journey is with your son, Jesus, who bore his cross and suffered in ways we cannot imagine.

We journey with Jesus toward the great paschal feast of Easter, where we have the grace to experience true the joy of Resurrection. Teach us to be good stewards of your mercy and forgiveness, so that we may extend these gifts to others. Give us the strength to bear witness to your son at all times, even during these times of stress and adversity. And fill our hearts with love that we may be faithful to the Gospel Jesus proclaimed and ready to celebrate our unity with him and each other.

Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

A STEWARDSHIP MOMENT

First Sunday of Lent Weekend of February 20/21, 2021

In today's Gospel, Jesus urges his listeners to do two things: to believe in the Good News and to repent. The steward is called to repent, to be humble enough to open their hearts so they may begin anew, to change existing attitudes and habits, and to act with faith in the Gospel. In this season of Lent, now is the time to ask ourselves whether or not we truly believe in the Gospel; and if we do, to what extent are we willing to change our prevailing habits and be more faithful to the Gospel?

- International Catholic Stewardship Conference Parish E-Bulletin, Feb..2021

STEWARDSHIP: A Way of Life *With All Your Heart*

LIVING GOD'S WORD

It's time to decide in our own minds who we are and wish to be, to confess it to our God and to ourselves and to the whole world. Do not fear those places of desert; they are where you will recognize your truest self.

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St. Michael Parish
Youth Group
Arla Sigarlaki: (619)470-2298
asigarlaki@stmichaelsandiego.org

Join a group of high school students who come together to celebrate faith, fun, and friendship in a safe Christian atmosphere. A few times a month they come together to give praise, worship, learn, play, pray, and discover Christ through and with each other. How to join? No sign-up necessary. Just come on by and make a friend! All high schoolers are welcome to the Youth Group. Get to know other youth within our parish and bring a friend! For more information and to keep up-to date on our current events, find our calendar on the parish website and join our Youth Group Facebook page: St. Michael Parish Youth Group. You can also follow us on Twitter @SMPYouthGroup and Instagram @SMPYG.

During these times when we can't regularly meet in person, **Youth Group meets every other Tuesday via Zoom.** Come hang out with your YG friends, play games, and enjoy our faith together. Email Ms. Arla Sigarlaki for more information, asigarlaki@stmichaelsandiego.org.

Young Adults

(18 years and up and out of high school)

Arla Sigarlaki: (619)470-2298 asigarlki@stmichaelsandiego.org



Young Adult Ministry: (YAM) Although we may be separated physically, **YAM has been gathering virtually every week.** Join us for Faith

Sharing, prayer, and our various other online events. For more information, email smpyam.sd@gmail.com



KNIGHTS OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

The mission of the Knights of Columbus is to provide members and their families with volunteer opportunities in service to the Catholic Church, their communities' families and young people.

The Knights are dedicated to providing charitable services, including war and disaster relief, actively defending Catholicism in various nations, and promoting Catholic education. The Knights also support the Catholic Church's positions on public policy issues, including various political causes, and are participants in the new evangelization.

Pope St. John Paul II referred to the order as the "strong right arm of the Church" for their support of the church, as well as for their philanthropic and charitable efforts.

For more information, please email Grand Knight Nathan Montemayor at nmontemayor@stmichaelsandiego.org.

Vivat Jesus! In Service to One, In Service to All!

FIRST SUNDAY OF LENT CLEAR CONSCIENCE

Usually, the first reading has something in common with the gospel. Today's however, has more in common with the second reading from St. Peter. They both talk about Noah and the ark, where the few good people were saved by going through the water. Peter compares that to the waters of Baptism, in which we are saved by God. Just as God washed away the evil of the world in the waters of the flood, so the waters of Baptism made us into a new people who have clear consciences, both because God has forgiven our sins and because we promise to follow only Him.

That leads to the Gospel, where Jesus is tempted by Satan. But unlike the people of Noah's time, Jesus does not fall to the temptations. Instead, he comes out of the desert, telling us to repent and believe in the good news.

That means we have a choice to make: Do we accept this kingdom and repent, or do we ignore our baptism and do what we want? Do we still have a clear conscience when we think of how much time we spend getting to know Jesus? Ever pray or read the bible outside of church? Do we spend near as much on the poor, as we do for our entertainment?

Next time you see a rainbow, think about the covenant that God made with Noah. Just as God's promises get better and better till the coming of Jesus, we are challenged to be more and more like Him. Are you satisfied with just a promise that God won't destroy us all in a flood? Or are you ready to live the New Covenant that Jesus promises to those who will follow him?

Tom Schmidt, Copyright © J. S. Paluch Co.

REFLECTING ON GOD'S WORD

I suspect that the real reason we avoid the desert is because in all that monotony there are no hiding places, no paths to crawl our way behind some kink of hill, no busyness that allows us to duck beneath the rippling surface of honesty, no phone calls to undo the silence that echoes our real selves. Curious that we should be afraid of the nothing rather than of the something. Yet it is the nothing, in the end, that makes the revelation happen. Such is the unsettling power of any desert, to reveal what we most fear in life, the real self that is perhaps less known and more imposing than anyone else's self. Deserts do that, and so we avoid them like kids dancing about their homework.

Over the years we learn that it's safer to fritter about on the fringe of Lent than to get lost in its vast and desert emptiness. We've grown food at frittering, at tinkering with days stripped of television or meals that have surrendered their dessert. This frittering goes on simply because when it's all over and done we are able to go back to the lives we've come to enjoy and treasure and nothing has been redone, least of all our real selves.

Jesus, however, risked the desert. Never just a tinkerer, he dared to trek about the emptiness for forty days and nights. This week's first scripture is a piece from Noah's tale in the bobbing ark. Thus we might wonder which desert was more daunting, forty days and nights of Noah's deluge or of Jesus' drought. Yet both found themselves in new and different worlds, neither of which had ever before been mapped.

—Rev. Joseph J. Juknialis

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Mass Intentions For The Week



FEBRUARY 2021

20	Sat	5:00pm	† Rodolfo Largoza, Sr.—death anniversary
21	Sun	7:00am	† Catalina Bisco
		8:30am	† Jose Francisco Gomez
		10:00am	Ida Lyn Mendoza—birthday thanksgiving
		11:30am	† Gabriel Pronoble
		1:00pm	† Mark Santos
		4:30pm	† Domingo Ragaza—5th year of death
		6:00pm	† Paulina & Mauricio Fugoso Sr.
		7:30pm	PARISHIONERS OF ST. MICHAEL
			(Living and Deceased)
22	Mon	8:00am	† Paulita De Guia
23	Tues	8:00am	† Toni Roberta Masoni—30th year of death
		7:00pm	† Mark Santos
24	Wed	8:00am	† Lenie & † Reynaldo De Jesus
25	Thurs	8:00am	† Catalina Bisco
26	Fri	8:00am	Mae De Los Santos—healing
		7:00pm	Francis Hilton Torrevillas—birthday thanksgiving
27	Sat	8:00am	† Fernando Lopez

If you are unable to get Mass intentions on the day you desire, have a **CANDLE** lit at the shrines of the “Divine Mercy” or “Our Lady of Guadalupe” inside the church. You may have a candle lit for 7 days, or 42 days. Your candle intentions, posted on the wall, will be included in the Mass. You may also write your intentions in the “Book of Intentions”.

Call the parish office for details.



“Pray for your loved ones. Light a candle for your friends, your family, and your dearly departed loved ones.”

CANDLE INTENTIONS (also offered at Mass)

(February 17th to February 23rd)

DIVINE MERCY SHRINE:

For Protection of: Fr. Manny Ediza & Msgr. Jun Cinco

For Healing & Comfort of: Ryan Martinez

For Health of: Thelma Cordero Mueller

For Safety & Protection of: The Cordero Family in Texas

For the Souls of: †Rodelio Vale Cruz, Sr.; †Jonathan O. Flores;

†Teh Lee, †Ricky, †Avelina & †Felix Yap, & †Agridina Yap-Geapa

OUR LADY OF GUADALUPE SHRINE:

For Protection of: Fr. Manny Ediza & Msgr. Jun Cinco

For the intentions of: Francis, Paul, John Torrevillas,
and Reshil Torrevillas-Dukes

For Birthday Thanksgiving and Good Health of:

Herminia Sol Bisco, Michael & Gabriel Dimarucut

To light a candle for someone indicates one's intention to say a prayer for another person, and the candle symbolizes that “prayer.”

“Hear me and understand well...that nothing should frighten or grieve you. Let not your heart be disturbed. Am I not here, who is your Mother? Are you not under my protection?”

- Message of Our Lady of Guadalupe to St. Juan Diego on the 4th Apparition



Let us keep in our prayers our parishioners, relatives and friends who are ill or home-

bound: Fr. Julian Hernando, SJ * Charles Moore * Cecilia Paligutan * Joseph Lipa * John Avery * Severo Santos Sr. * Cesar Cortez * Martha Mexia * Josefina Camarena * Amor Castro * Maria Castro * Edmundo Gobaton * Vic Bienes, Sr. * Bea Bienes * David Richter * Brandon Davis * Linda Ramirez * Rosemarie Corbet * Jose Macoy * Crystal Cervantes * Sydney Polish * Cel Besana * Malaya Baniel * Lucy Moya * Norma Tabinga * Harold Pasidero * Mila Marcial * Melinda Grepo * Nora Paligutan * Marcelita Doria * Msgr. Rudy Villanueva * Estrella Macoy * Jane Calloway * Modesta Bayongan * Ryan Martinez * Lena Alpuerto * Julius Umali * Fr. Nelson Vencilao * Michelle Villarosa * Ariana Gobaton-Caramat * Maria Corbett * Robert Aiken * Avila Gachalian * Liz Faye * Teresita Castillo * Frank Thompson * Michael Thompson * Maria Sharmaine Clare Reyes * Richard Razo * Frances Brown * Christina Prado * Abraham Castillo * Dcn. Jim Aquino * Laurie Martell * Raymundo Catalan Jr. * Rosalinda Gaffud * Anthony Jay Tomera * Erlinda Sandel * Apolinia Briz * Rizalina Cruz * Eufrocina Marquez * Fr. Jim Boyd * Kristine De Leon * Harvey Lewis * Jazmine Tolentino * Zoe Sanclimenti * Cora Tayco * Lourdes Libed * Marilyn Mendoza * Mila Corpuz * Fe Endaya * Maverick Muñoz * Divina Cabahug * Annie Cabagnet * Conrado Bautista * Jennifer Pineda * Jesus Pacleb * Jeng Realiza * Addison Su * Lita Marcelino * Lydia Demesa * Amy McCormick * Gigi Abelardo * Dave White * Maria Mercado * Nenita Acuario * Mary Ann Acuario * Arnulfo Castillo * Reynaldo Castillo * Teofilo Niño Sr. * Hermelinda Morante * Jonathan Nagtalon * Louie Costa * Ralph Blessing * Edith Tuscano * Linda Lamb * Roann Cruz-Louie * Sam Piha * Anne Campbell * Roxanne Martinez * Abraham Kirkland * Benjamin Gaddi, Sr. * Kayla San Pedro * Eduardo Ducut Jr. * Luvie Pangilinan * Julia De Leon * Joe Abueg * Betty Escobar * Vi Daen * Jess Balan * Ernest P. Sanchez * Lilia Misa * Manuel Sunga Jr. * Eugene Cordero * Julita Niño * Cecil Niño * Brenda Niño * Belinda Niño * Teresita Castillo * Maria Elena Morante * Leon Arciaga * Bienvenido del Rosario * Carmelita Flores * Ismael Cruz * Anthony K. Cruz * Charles Tessman * Nick Conda * Felicidad Cabral * Rodolfo Cabral * Andres Cabral * Jane Martinez * Alejandro Sungahid * Jourard Daep * Fe Gemma Padin * Adrian Max Ruiz * Pedro Melendez * Wilfredo Oliveria * Nellie Dimagiba * Noel Gayoso * Lois Gaskin * all who are sick of coronavirus

This list is updated on a weekly basis. Please call the office to add a name. NAMES ON SICK LIST MAY BE DELETED AFTER 60 DAYS.

Funeral and Bereavement

Resfina Torrevillas (Coordinator)
Ministry Team: Anita Almuina, Evelyn Buangan, Luis Morales, Anita OngVaño, & Erlinda Soriano Phone: 619-470-1977
or 619-261-2544 (after office hours)

Pray
for the
Deceased



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We pray for and remember:

Those who recently died, especially:

† Adoracion De Guzman; † Cecilia Jose Anson

On the 40th Day of Death:

Feb. 21 —† Concepcion Maybituin Minas

On the 1st Year of Death:

Feb. 21—† Harold Horton

Feb. 22 —† Adolfo Almazan, Jr.

**Requiescant In Pace
May they rest in Peace!**



Please call the Parish Office if you need a copy of your 2020 Contribution Statement. The Contribution Statement will be prepared by request only. You will receive a receipt of your contribution to the 2020 Annual Catholic Appeal directly from the Diocese.

Thank you for your donation to St. Michael Church and to all mission appeals. May God reward you abundantly for your generosity.

TO THOSE WHO HAVE PARTICIPATED IN THE CAPITAL CAMPAIGN:

If you need a copy of your contribution statements, please call the parish office at 619-470-1977 and leave a message for Mr. Nelson Salazar.

If you have not yet participated, please consider making a PLEDGE TODAY and help BUILD THE DREAM for the future generations!

“Alone we can do so little; together we can do so much.”
- Helen Keller

“Giving is not just about making a donation. It is about making a difference.” - Kathy Calvin



YOUR CHANGE MAKES A DIFFERENCE. Bring those coins in and drop them in the coin box or jars that you may find inside the church.
Small amounts that we put together will help build our new Parish Center!



Be a Part of the Dream— Together We Build

IT'S NEVER LATE TO RESPOND AND BE PART OF THE DREAM!

Please pray and consider being a part of the dream: a new multi-purpose parish center. We need everyone's participation to make this dream a reality! Call the Parish Office for more information at 619-470-1977.

For those who have already pledged to participate, please fulfill your commitment. **Different ways of fulfilling your commitment** are as follow:

- Use the white envelopes with the logo which may be found in the pews or in the vestibule. Feel free to take envelopes you need. **Drop your contributions in the offertory basket during Mass, or mail it, or take it to the parish office.** Call the parish office if you want envelopes be mailed to you. Make check payable to **St. Michael Church Capital Campaign.**
- Set up **AUTO PAYMENT** with your **Bank or Credit Card**, or **ONLINE** at www.stmichaelsandiego.org. Follow the prompt or call the Parish Office if you need further instructions.

“Lord, teach me to be generous.... +To give, and not to count the cost.”
- St. Ignatius of Loyola

“It is not how much we give, but how much love we put into giving.”
- St. Mother Teresa



St. Michael Parish Capital Campaign

My/Our Commitment to the Capital Campaign is:

- \$250 monthly for 40 months for a total pledge of \$10,000
- \$125 monthly for 40 months for a total pledge of \$5,000
- \$100 monthly for 40 months for a total pledge of \$4,000
- \$75 monthly for 40 months for a total pledge of \$3,000
- \$50 monthly for 40 months for a total pledge of \$2,000
- \$25 monthly for 40 months for a total pledge of \$1,000
- Other \$ ____ monthly for ____ mos. Total pledge \$ ____
- ONE-TIME GIFT of \$ ____

Donor Signature: _____ Date: _____

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St. Michael Capital Campaign

For Official Use Only	Cash	Check
Date	Payment	Auditor

Honor yourself or give Tribute to a loved one (living or deceased).
In appreciation, St. Michael Church will remember you and your loved ones in Holy Mass every First Friday of the month at 7:00 p.m. “Perpetual Memorial Intentions”. Your Gift is tax deductible.

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- Including the parish in my will
- Other: _____



Culture of Life

Jim Bundalian (619) 917-1699



The weekly prayer of the Rosary for the Culture of Life which is held every Tuesday will begin at 6:20 p.m, led by the **Knights of Columbus (month of February)**. This will be followed with the Novena to Our Mother of Perpetual Help at 6:45 pm, and Mass at 7:00 p.m.

The greatest destroyer of love and peace is abortion which is war against the child.

- Mother Teresa

"It is God who gives life. Let us respect and love human life, especially vulnerable life in a mother's womb."

- Pope Francis

"Human Life is sacred—all men must recognize that fact. From its very inception it reveals the creating hand of God." - St. Pope John XXIII



BE REMEMBERED FOREVER. Have the names of your beloved departed inscribed on a brick in **"Our Lady of Sorrows Memorial Garden"** walls. The names on the memorial walls will forever become part of the Garden.

Ask about the **PERPETUAL MEMORIAL WALLS** (for the living and deceased) in the church vestibule.

Names on these walls are included in our Mass with special intentions every First Friday of the month.

PARISH REGISTRATION REQUEST.

Welcome to St. Michael Catholic Church San Diego!

If you enjoy worshipping at St. Michael Catholic Church, become a member of the St. Michael Parish Family. It is easy to register: complete the form below and drop it in the offertory basket, or take it to the Parish Office.. Membership is FREE and has its privileges.

NAME: _____

ADDRESS: _____

E-MAIL: _____

PHONE NUMBER: (____) _____

New Registration

Change of Address

TREASURES FROM OUR TRADITION

Fasting may be a priority in your Lenten spring cleaning regimen. Almost every religious tradition recognizes that fasting is a key to heightened spiritual awareness. You know this from your own experience. When you are engaged in a hobby, painting a room, keeping vigil near a delivery room, or standing watch at a sickbed, you may simply forget to eat. What you are doing so fills you that the intensity of the action is itself nourishing. In fasting from food, or drink, or habitual behaviors, you make room for what is truly important.

Even though Lenten Sundays stand apart from the Lenten fast, you will notice traces of fasting in our liturgy. We fast from singing the Gloria and Alleluia, we fast from flowers bedecking the altar, and there may be a noticeable drop in the number of infant baptisms as parents elect to wait until Easter. This hints that fasting is a prelude to feasting, and the vigor of our Easter alleluias is rich fare after a long silence. In the same way, even a small fast—no cream in the coffee, no pepper in the soup, no radio in the car—can not only point to deeper hungers, but help us rejoice more fully in the feast when we break our fast together.

—Rev. James Field, Copyright © J. S. Paluch Co.

FIRST FRIDAY DEVOTION TO THE SACRED HEART OF JESUS



On the First Friday of the month, the Blessed Sacrament will be exposed from 4:00 p.m. to 6:50 p.m.

Mass in honor of the Sacred Heart of Jesus will be at the usual schedule at 7:00 p.m.

4:00 to 6:00 p.m. — Rosary of the Blessed Virgin Mary / NINE OFFICES of the SACRED HEART

6:15 to 6:50 p.m. — Private Prayer and Adoration
6:50 p.m.— Repose of the Blessed Sacrament / Benediction

7:00 p.m.— Celebration of the Holy Eucharist

"Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease."

- Saint Pope John Paul II



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Upcoming Events / Schedule of Services

As of this weekend, Masses for all liturgies will be held as follows:

OUTSIDE in the church courtyard:

- Saturday Vigil Mass at 5:00 p.m.
- Sunday: 8:30 a.m.; 10:00 a.m.; 11:30 a.m.; 1:00 p.m.; 4:30 p.m.
- Daily or weekday morning Masses (Monday—Saturday) at 8:00 a.m.
- Funerals and Memorial Masses
- Weddings

INSIDE the church:

- Sunday: 7:00 a.m.; 6:00 p.m. and 7:30 p.m.
- Tuesday and Friday evening masses with Novena at 7:00 p.m.
- Baptisms

STATIONS OF THE CROSS on ALL FRIDAYS OF LENT will be held in the courtyard at 6:00 p.m.



Be a Part of the Dream – Together We Build Campaign Projects

“Be a Part of the Dream — Together We Build” CAMPAIGN PRAYER

Heavenly Father, we ask for Your divine guidance as we prayerfully move toward the realization of our new parish center. Show us the way to meet the needs of our growing parish community. Lead us to committing ourselves with a spirit of true sacrifice. For it is always by sacrifice that we show our love of You and our neighbor.

Lead us to wisely use our time, talents and treasures as we move forward with Your holy vision. Inspire us all out of Your generous love, to be equally generous for strengthening Your Church and our parish.

Spirit of God, we praise You and adore You. We pray that Your Spirit will empower us to work strongly for the realization of our dream so that future generations will harvest the fruits of our commitments and sacrifice.

This we ask through Christ our Lord. Amen.

Mary Mother of God, pray for us.

St. Joseph the Builder, pray for us.

St. Michael the Archangel, pray for us.

Oración de la Campaña para la Parroquia San Miguel

Padre Celestial pedimos por tu divina gracia, mientras en oración avanzamos hacia la realización de nuestro sueño, un Nuevo Centro Parroquial. Indicanos el camino para alcanzar las metas en nuestra creciente comunidad parroquial. Guíanos para que nos comprometamos con verdadero espíritu de sacrificio. Ya que a través del sacrificio demostramos nuestro amor por Ti y por nuestros hermanos.

Guíanos para usar sabiamente nuestro tiempo, talentos y dinero mientras avanzamos en esta santa visión. Inspíranos con tu gran amor, para ser igualmente generosos y construir Tu iglesia y nuestra parroquia.

Espíritu de Dios te alabamos y te adoramos. Rezamos para que Tu Espíritu nos fortalezca mientras trabajamos arduamente en la realización de nuestro sueño, para que las nuevas generaciones cosechen los frutos de nuestro sacrificio y de nuestro compromiso.

Te lo pedimos a través de Cristo Nuestro Señor. Amen.

Maria Madre de Dios, *ruega por nosotros.*

San José Constructor, *ruega por nosotros.*

San Miguel, Arcángel, *ruega por nosotros.*

***Saint Michael the Archangel,
defend us in battle. Be our
protection against the wickedness and
the snares of the devil. May God
rebuke him, we humbly pray; and do
Thou, O Prince of the Heavenly Host -
by the Divine Power of God - cast into
hell, Satan and all the evil spirits, who
roam throughout the world
seeking the ruin of souls. Amen.***



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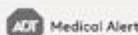


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