



Saint Michael Catholic Church

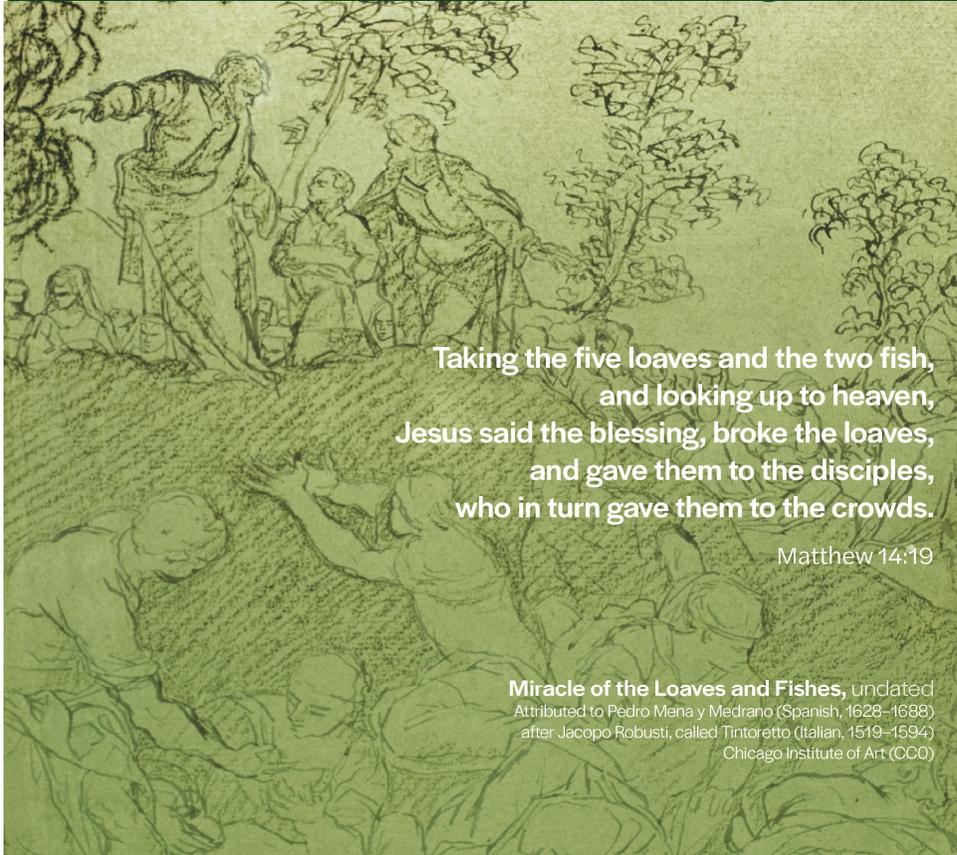
Serving the Community of Paradise Hills, San Diego since 1957

2643 Homedale Street, San Diego, CA 92139

Phone: (619) 470-1977 • Fax: (619) 267-9397 • www.stmichaelsandiego.org

EIGHTEENTH SUNDAY IN ORDINARY TIME

AUGUST 02, 2020



Taking the five loaves and the two fish,
and looking up to heaven,
Jesus said the blessing, broke the loaves,
and gave them to the disciples,
who in turn gave them to the crowds.

Matthew 14:19

Miracle of the Loaves and Fishes, undated
Attributed to Pedro Mena y Medrano (Spanish, 1628-1688)
after Jacopo Robusti, called Tintoretto (Italian, 1519-1594)
Chicago Institute of Art (COI)

MASS

SUNDAY: 7:00 AM 1:00 PM (*Academy/Children's Choir*)
8:30 AM (*Español*) 4:30 PM (*Youth and Young Adult Mass*)
10:00 AM 6:00 PM (*Filipino Mass on 1st Sunday*)
11:30 AM 7:30 PM (*Jazz Choir on 3rd Sunday*)

Saturday: 5:00 PM (*anticipated Mas for Sunday obligation*)

Monday to Saturday: 8:00 AM and 7:00 PM (on **Tuesday & Friday**)

Holy Days: 8:00 AM 12:00 PM 5:00 PM and 7:00 PM

CONFESSIONS

BY APPOINTMENT. Please call the Parish Office.

DEVOTIONS

Tuesday, 6:20pm —Rosary for the Culture of Life / 6:45pm—**Mother of Perpetual Help** Novena

First Thursday & Third Thursday, 6:00 PM - **Divine Mercy** Chaplet and Novena

Friday, 6:45 PM—**Santo Niño** Novena

First Friday Devotion to the Sacred Heart of Jesus (Holy Hour and All Night **Adoration of the Blessed Sacrament**) is Temporarily Suspended until further notice

First Saturday - Benediction of the Most Blessed Sacrament (suspended until further notice)

Third Saturday - Our Lady of Peñafrancia Perpetual Novena (suspended until further notice)

In case of an emergency, or if you need to speak to a priest after office hours, please call (619) 472-2655 and leave a message. A priest will contact you as soon as possible.

Pastor

Rev. Fr. Manuel Ediza

Associate Pastor

Rev. Msgr. Francisco Cinco III

Deacons

Carl Shelton and Gustavo Magaña

St. Michael Academy & Preschool

Rev. Msgr. Francisco "Jun" Cinco III

Director of Students & Teachers Affairs

Ms. Veronica Dayag, Principal & Director

Mrs. Rowena Lewis, Office Secretary

(619) 470-4880 / (619) 472-5437

School of Religion

Mae Salamat, (619) 470-2292

Confirmation /

Youth and Young Adults

Ms. Arla Sigarlaki, Coordinator

(619) 470-2298

Funerals and Bereavement

Ministry Team: Resfina Torreallas,

Evelyn Buangan, Anita Almuina, Anita OngVaño,

Luis Morales, Erlinda Soriano

(619) 470-1977 or 619-261-2544

Weddings

Mrs. Barbara Patton, Coordinator

smweddings.church@gmail.com

619-470-7492

Liturgy/Music

Kim Conda San Pedro, Coordinator

Bulletin

Resfina Macoy-Torreallas

Parish Office

Ms. Mae Salamat, Parish Secretary

Mr. Nathan Montemayor, Receptionist

619-470-1977

PARISH OFFICE HOURS:

Monday to Friday 8:30 a.m. - 5:00 p.m.

Closed on weekends and holidays.

BAPTISM

Please make arrangements at least three months in advance with the Ministry Staff. Pre-baptismal Seminar is required for parents and sponsors.

Today's Gospel Reflection

1st Reading: Is 55:1-3 * Psalm: Ps 145:8-9, 15-18; *
2nd Reading: Rom 8:35, 37-39 * Gospel: Mt 14:13-21

OUR DEEPEST NEEDS

The word of God serves up a tremendous feast for us today. Isaiah beckons all who hunger and thirst to come to the Lord for satisfaction. The psalmist cries out, "The hand of the Lord feeds us; he answers all our needs" (Psalm 145:16). Saint Paul tells us that nothing can separate us from the love of God. Finally, in the Gospel, we hear the story of the miraculous feeding of over five thousand people from a mere five loaves and two fish. Most of us have our material needs met on a day-to-day basis. These scriptures, nevertheless, have much to say to the contemporary believer. We must ask ourselves, "Where are my deepest hungers? Where are my thirsts?" After material needs are satisfied and, in some cases, over-satisfied, many people still experience a deep longing for spiritual balance and well-being. As the loaves and fish are multiplied in today's Gospel, perhaps our prayer can be a longing for the satisfaction of the deepest needs that only God can fill.

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All you who are thirsty, come to the water!
— Isaiah 55:1a

READINGS FOR THE WEEK

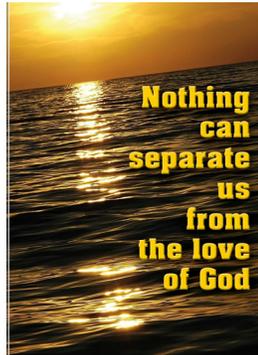
Monday: Jer 28:1-17; Ps 119:29, 43, 79, 80, 95, 102; Mt 14:22-36
Tuesday: Jer 30:1-2, 12-15, 18-22; Ps 102:16-21, 29, 22-23;
Mt 14:22-36 or Mt 15:1-2, 10-14
Wednesday: Jer 31:1-7; Jer 31:10-12ab, 13; Mt 15:21-28
Thursday: Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9;
2 Pt 1:16-19; Mt 17:1-9
Friday: Na 2:1, 3; 3:1-3, 6-7; Dt 32:35cd-36ab, 39abcd, 41;
Mt 16:24-28
Saturday: Hb 1:12 — 2:4; Ps 9:8-13; Mt 17:14-20
Sunday: 1 Kgs 19:9a, 11-13a; Ps 85:9-14; Rom 9:1-5;
Mt 14:22-33

SAINTS AND SPECIAL OBSERVANCES

Sunday: Eighteenth Sunday in Ordinary Time
Tuesday: St. John Vianney
Wednesday: Dedication of the Basilica of St. Mary Major
Thursday: The Transfiguration of the Lord;
Hiroshima Memorial Day
Friday: St. Sixtus II and Companions; St. Cajetan;
First Friday
Saturday: St. Dominic

THIRST

You have put salt in our mouths that we may thirst for you. —St. Augustine



EIGHTEENTH SUNDAY IN ORDINARY TIME

Our readings today remind us of our hunger and thirst, and how God works within us. We human beings are created dependent on food and water, and much more. And God deeply desires that our needs be met. Our physical hunger and thirst point to our deeper hungers: our need for meaning, purpose, and belonging; and most of all, for unity with God. In Matthew's Gospel passage today, Jesus' heart is moved with compassion for the people. Jesus not only cures the sick and feeds the multitude, he also establishes bonds of community through the shared meal. Saint Paul shows us that nothing can ultimately separate us from God. Isaiah reminds us of God's ongoing invitation to us to come and receive. God's gifts cannot be earned or purchased. God's grace is offered in abundance. God's nourishment is the very best possible, and we should accept no substitutes.

NOTHING CAN SEPARATE US

Today's passage from Saint Paul's letter to the Romans concludes Chapter 8 with a flourish. It is the exclamation point of Paul's teaching on the presence of the Spirit within them and among them. The church in Rome faced great suffering as they were marginalized and persecuted for their faith. Paul names both social and cosmic forces that oppress them, over which they have no control. Their trials likely provoked questions that led them to wonder, "Where is God?"

Paul teaches that God is so deeply present within us that nothing can separate us from God. This includes our own forms of resistance. Even when we find myriad ways to avoid and run away, God is waiting patiently. Even when God seems distant or absent, God continues to invite, to welcome, and to speak to us.

IMAGINING GOD'S ABUNDANCE

When reflecting upon today's Gospel passage from Matthew, the story of the feeding of the multitude, we might consider the role of Jesus' disciples. Unlike the very similar story in Matthew 15, Jesus responds to the disciples by saying, "Give them some food yourselves". Jesus is pushing his disciples to think beyond the apparent scarcity, and to open their imaginations to God's abundance. They are to join in with what God is doing. Jesus then takes, blesses, breaks, and shares the bread (anticipating his action at the Last Supper), and the disciples share the loaves with the crowd.

The stories of the feeding of the multitudes also point ahead to the practice of Eucharist in the Church. The Eucharist itself points ahead to God's banquet at the consummation of the reign of God, when all will share God's abundance. We the Church are called to open our imaginations to God present and active, who continually works toward God's promised future. We are to share in God's passionate desire to feed the people, and join in what God is doing here and now.

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Dear Parishioners and friends,

The life in the church depends on all parishioners and friends. Being a parishioner, you may feel the burden of the many demands or requests for your financial support, e.g., Capital Campaign, annual appeals, etc., on top of your weekly donations which the church needs to sustain its regular operation and maintenance. These financial requests may seem very taxing on your part considering that you also have other financial responsibilities to maintain your household.

I greatly appreciate that, despite all these financial requests at this time of the pandemic, you continue giving your support to the needs of the church.

If you have been watching or participating in online celebration of Mass, I invite you to come one of these days and join us in our outdoor celebration. Contemplate before the beautiful altar at the grotto of Our Lady of Grace. You do not need to bring an umbrella and/or your own chairs. Canopies have been installed in the Courtyard, and there are sufficient number of chairs (for individuals) and benches (for people of the same household). The schedule of Masses remains the same. Please, refer to the cover page of the bulletin for the weekday or daily and weekend schedule.

We will still be checking temperatures at the entrance gates and require wearing of mask and observe social distancing. If you have the flu symptoms, colds or cough, and have underlying medical conditions, please stay home. Contact your health provider immediately if you have the flu symptoms.

Again, thank you for your continued support to our parish, and for your generous donation. For those who are not able to come to church at this time of the pandemic, please consider ONLINE GIVING through our parish website at

www.stmichaelsandiego.org or <https://giving.parishsoft.com/app/giving/stm2643177>

Give your children/grandchildren the gift of a lifetime—a Catholic Education! I am inviting parents and grandparents to enroll your children to our Academy and Preschool. Let us help them achieve Academic excellence, and mold and form them to develop good moral character. I reiterate, financial situation should not hinder you from sending your child/grandchild to our Catholic school. Come, talk to us! We may help you. Tuition assistance is available. Call the Academy at 619-470-4880

Catholic education aims not only to communicate facts but also to transmit a coherent, comprehensive vision of life, in the conviction that the truths contained in that vision liberate students in the most profound meaning of human freedom.”

- Saint Pope John Paul II

Rev. Fr. Manny Ediza, Pastor



P.S.: Please include St. Michael Catholic Church San Diego in your will. May God bless you!



The mission of ST. MICHAEL ACADEMY is to form young disciples to be spiritually, intellectually, and socially prepared to integrate gospel values for living a Catholic, Christian life in a secular world.

St. Michael Academy is a unique K-8th Grade program which offers a three-part curriculum of National Common Core standards, STEM learning, and religion where students strengthen their Catholic faith.

At St. Michael Academy we want to develop our students to be next generation leaders with faith, compassion and STEM. Our goal is for students to connect with societal advances with our ever-changing world and offer a STEM and faith filled pathway which will prepare students for the future.

St. Michael Academy is currently accepting applications for school year 2020-2021. Please email admissions@stmichaelsandiego.org or call the school office during our summer hours of Tuesday—Thursday, 10:00 a.m.—2:00 pm at 619-470-4880.

The Preschool continues to remain closed due to Covid-19. Our goal is to open by early fall. We will keep you posted on the reopening of the program.

In Christ and Education,

Veronica K. Dayag
Principal and Director
St. Michael Academy and Preschool

Catholic Schools offer an education that combines Catholic faith and teachings with academic excellence.”

“The mission of the Catholic school is the integral formation of students, so that they may be true to their condition as Christ’s disciples....” - Pope St. John Paul II

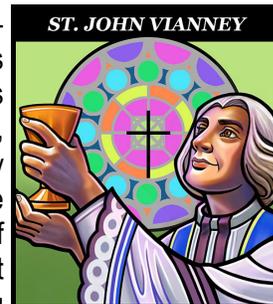
“Catholic schools in our Nation’s education have been paramount in teaching the values that we as parents seek to instill in our children.” - Joe Baca, American Politician

“Educating the mind without educating the heart is no education at all.” - Aristotle

RELIGIOUS EDUCATION

SAINT JOHN MARY VIANNEY (1786-1859)
August 4

A busy pastor jokingly suggests the secret of John Vianney’s holiness: “He died seventeen years before telephones!” Call they didn’t, but visit they did, keeping Vianney eighteen hours a day in the confessional. Stories abound of reading hearts and exorcisms, but Vianney’s first miracle was getting ordained. Difficulty with studies delayed him, prompting the rector’s apology to the bishop, “So far to ordain just one, especially *this* one!” The bishop, who could not know he was ordaining the future patron saint of parish priests, replied, “No burden to ordain one good priest!” In Ars, only an elderly handful attended Mass, “praying,” one told Vianney, “for a priest with brains.” But he stayed forty-two years, fulfilling the promise he made the day he arrived. In a sculpture just outside the village Vianney points skyward: “Show me the way to Ars,” he tells a boy, “and I’ll show you the way to heaven.” To someone who feared there was no heaven beyond the grave, Vianney smiled, “My child, it would have been heaven enough to have lived as Jesus’ disciple on earth.”



—Peter Scagnelli, Copyright © J. S. Paluch Co.

ARE YOU SOMEONE OR DO YOU KNOW SOMEONE WHO...

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?



We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. There are separate sessions for children or youth. You are encouraged to participate in the process with your questions, your insights and your faith story in a warm accepting setting.

For information please contact Lot Sigarlaki (RCIA Coordinator) lsigarlaki@gmail.com; or Rudy Sigarlaki rsigarlaki@gmail.com; Tony Reyes (Hispanic RCIA) mariantonio83@gmail.com; Miriam Andaya (RCIA for Children) mandaya1626@gmail.com or call the parish office at 619-470-1977.

Reflecciones del Evangelio

NUESTRAS NECESIDADES MÁS PROFUNDAS

La Palabra de Dios nos brinda hoy una tremenda fiesta. Isaías llama a todos los que tienen hambre y sed para que vengan a satisfacerse en el Señor. El salmista proclama: "Abres tú la mano, y sacias de favores a todo viviente" (Salmo 145:16). San Pablo nos dice que nada puede separarnos del amor de Dios. Finalmente, en el Evangelio, escuchamos sobre el milagro de la multiplicación de los cinco panes y dos pescados con que se alimentaron a más de cinco mil personas. Nuestras necesidades diarias suelen estar cubiertas. Sin embargo, estas lecturas tienen mucho que decir al creyente contemporáneo. Debemos preguntarnos: "¿Dónde está mi hambre más profunda? ¿De qué estoy sediento?". Una vez satisfechas las necesidades materiales y, en algunos casos, más que satisfechas, mucha gente sigue ansiando tener equilibrio y bienestar espiritual. Al multiplicarse los panes y pescados en el Evangelio de hoy, tal vez nuestra oración es anhelar que nuestras necesidades más hondas sean satisfechas por el único que puede hacerlo: Dios.

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Todos ustedes, los que tienen sed, vengan por agua.
— Isaías 55:1a

LECTURAS DE HOY

Primera lectura — A ver ustedes, que andan con sed, ¡vengan a tomar agua! (Isaías 55:1-3).

Salmo — La mano del Señor nos alimenta; responde a todas nuestras necesidades (Salmo 145 [144]).

Segunda lectura — Nada podrá apartarnos del amor de Dios que encontramos en Cristo Jesús (Romanos 8:35, 37-39).

Evangelio — Todos comieron hasta saciarse (Mateo 14:13-21).

Salmo responsorial: *Leccionario Hispanoamericano Dominical* © 1970, Comisión Episcopal Española. Usado con permiso. Todos los derechos reservados.

FELICIDAD

Hijos míos, la fe, la esperanza y la caridad, las tres, encierran toda la felicidad de la humanidad en la tierra.

—San Juan María Vianney

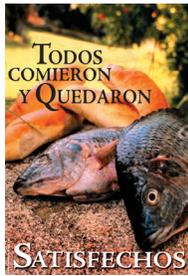
ORACIÓN Y HUMILDAD

Ármate con oración en lugar de espada; vístete con humildad en lugar de ropa fina. —Santo Domingo de Guzmán



Christians in their turn "realize that their responsibility within creation, and their duty towards nature and the Creator, are an **essential part of their faith**".

- Quotations from "Laudato Si" (64)



SAN JUAN MARÍA VIANNEY (1786-1859)

4 de agosto

El padre Juan nació en Francia, en una familia campesina pobre y esto le privó de una buena educación formal para luego estudiar en latín. A los 19 años lo despidieron del seminario por no ser apto para los estudios. Un amigo sacerdote intercedió por él ante el obispo para que lo ordenara, 'no por sus conocimientos, sino por su santidad'. Así fue. Unos años después de ordenado lo enviaron al pueblo de Ars donde había 250 personas alejadas de Dios y de la Iglesia. La gente lo rechazó, pero él los amó profundamente, oró e hizo penitencia por ellos. Poco a poco descubrieron en él a un sacerdote santo y comenzaron a convertirse. Su fama de santidad se extendió en toda Francia y Asís pasó a ser la capital de la fe, pues el gobierno francés tuvo que construir un ferrocarril hasta Ars para responder a los peregrinos. Su fama de confesor fue grande y su devoción también, pues llegó a confesar hasta 15 horas diarias, sabiendo incluso los pecados del penitente antes de que se los confesara.

—Miguel Arias, Copyright © J. S. Paluch Co.

PRAYER OF SAINT JOHN VIANNEY TO JESUS

I love You, O my God,
and my only desire is to love You
until the last breath of my life.
I love You, O my infinitely lovable God,
and I would rather die loving You,
than live without loving You.
I love You, Lord, and the only grace I ask
is to love You eternally.
My God, if my tongue cannot say
in every moment that I love You,
I want my heart to repeat it to You
as often as I draw breath. Amen.



*"Be a Part of the Dream—
Together We Build Campaign Projects"*

"Ser Parte Del Sueño: Juntos Construmos!"

Gracias a quienes han participado. Usted puede encontrar tarjeta de compromiso en las bancas o en el vestibule. Por favor deje su compromiso en la canasta de ofrendas. Llame a la oficina para pregunta.

"No todos pueden hacer grandes cosas. Pero podemos hacer pequeñas cosas con gran amor. Se trata de cuánto damos sino Cuánto amor ponemos en el dar."

—Santa Madre Teresa de Calcuta

STEWARDSHIP

STEWARDSHIP SAINT FOR AUGUST:

**Saint Alphonsus Liguori,
Bishop and Doctor of the Church**

*Alphonsus organized parish missions
and urged his priests to be simple in the pulpit
and compassionate in the confessional*

Alphonsus Liguori was the founder of the Redemptorists (Congregation of the Most Holy Redeemer) and one of the greatest moral theologians in the history of the Church. Born into a Neapolitan noble family in 1696, he studied and practiced law successfully until, after losing an important case through his own fault and seeing it as a sign of God's will, he decided to enter the priesthood. He studied theology and was ordained in 1726. Soon thereafter he established a reputation as an effective preacher and understanding confessor in and near Naples.

In 1732, Alphonsus founded the Congregation of the Most Holy Redeemer for priests dedicated to preaching the Gospel, especially to the rural poor in the kingdom of Naples. Alphonsus continued to preach and hear confessions with great success throughout the kingdom, especially in villages and hamlets, until 1752 when his health failed. He was especially gentle with the scrupulous, those with an unhealthy sense of anxiety and guilt, because he himself suffered from scrupulosity.

Alphonsus published the first of three dozen theological and devotional works in 1745, the most important of which was his Moral Theology, revised and reprinted nine times during his life. In this work he created new moral principles, and his pastoral approach was always one of simplicity and kindness. He also published devotional writings, especially about the Blessed Virgin Mary. His Glories of Mary (1750) influenced Marian piety well into the nineteenth century.

After at first refusing the appointment, in 1762 Alphonsus was ordained bishop of Sant'Agatha dei Goti, a diocese located between Benevento and Capua, Italy. He organized parish missions and urged his priests to be simple in the pulpit and compassionate in the confessional. He was especially critical of priests who celebrated Mass too quickly. When a famine broke out in the winter of 1763, he sold everything he had, including his carriage and mules and his episcopal ring, to buy food for the starving. The Holy See gave him permission to dip into the assets of the diocese for relief work.

Alphonsus suffered an attack of rheumatic fever in 1767 that almost killed him and left him with an incurably bent neck. He eventually resigned his position in 1775 because of poor health. He lived another twelve years in poor mental and physical health. He died during the night of July 31/August 1, 1787, within two months of his ninety-first birthday. Alphonsus Liguori was beatified in 1816, and made patron saint of confessors and moral theologians in 1950. His feast day is August 1.

ICSC-Parish-Bulletin, August 2020

A STEWARDSHIP PRAYER for Our Parish Family

Good and gracious God,
Even in the midst of these troubling times,
you continue to reveal your loving presence
in the communal life of our parish.
Help us to see your active presence in our parish family,
a community where peace, love and fellowship
will prevail. May it be truly prayerful,
intensely Eucharistic, and deeply joyful.
Teach us how to be good stewards of our parish family
even during these times of stress and anxiety,
distance and isolation. By the power of the Holy Spirit
make our hearts humble and compassionate so that
we may carry out our responsibilities to our parish family
in a just and holy manner. And through your Spirit,
may we love one another as you love each of us,
as sisters and brothers who gather around
the Eucharistic table, an authentically holy,
Catholic community, working together
to hasten our Kingdom.
In Jesus' name we pray.
Amen.

A STEWARDSHIP MOMENT

**Eighteenth Sunday in Ordinary Time
Weekend of August 1/2, 2020**

In today's Gospel we find an equation the disciples of Jesus couldn't solve: Five loaves and two fish divided by 5,000-plus people. They failed to recognize Jesus in the equation; that whatever they had to offer, Jesus could take it and bless it and satisfy the hunger of the crowd with it. Good stewards recognize that the Lord can work miracles with the gifts they offer to a hungry and broken world. How often are we willing to offer our gifts in faith, even during disquieting times, even as insignificant as we think they are, and count on the Lord to do the rest? How often do we count Christ into the equation?

STEWARDSHIP: A Way of Life With All Your Heart

*Heart to Pray
Heart to Serve*

*Heart to Share
Heart to Witness*



**Let us be
“protectors” of creation,
protectors of God’s plan
inscribed in nature,
protectors of one another
and of the environment.**

- Pope Francis

TODAY'S READINGS

Isaiah 55:1-3
Romans 8:35, 37-39

Psalms 145:8-9, 15-18
Matthew 14:13-21

LONGING FOR SPIRITUAL WELL-BEING

The word of God serves up a tremendous feast for us today. Isaiah beckons all who hunger and thirst to come to the Lord for satisfaction. The psalmist cries out, "The hand of the Lord feeds us; he answers all our needs." Saint Paul tells us that nothing can separate us from the love of God. Finally, in the Gospel, we hear the story of the miraculous feeding of over five thousand people from a mere five loaves and two fish. Most of us have our material needs met on a day-to-day basis. These scriptures, nevertheless, have much to say to the contemporary believer. We must ask ourselves, "Where are my deepest hungers? Where are my thirsts?" After material needs are satisfied and, in some cases, over-satisfied, many people still experience a deep longing for spiritual balance and well-being. As the loaves and fish are multiplied in today's Gospel, perhaps our prayer can be a longing for the satisfaction of the deepest needs that only God can fill.

ADMITTING OUR HELPLESSNESS

Jesus' disciples, after a long day of preaching and healing, find themselves confronted with thousands of hungry people who need to be fed. They themselves were no doubt hungry and thirsty. In desperation, they turn to the Lord and ask Him to tell the people to go to the towns and villages to buy food. Jesus tells them to give the people food themselves. They admit that they can come up with only five loaves and two fish, hardly enough to feed even themselves. It was only after the disciples admitted their total helplessness in the situation that the miracle of the multiplication of the loaves and fish occurred. Where is the lesson for us? It is in admitting our helplessness in life's most difficult moments that a miracle may perhaps be waiting for us.

MIRACLES OF MULTIPLICATION

Many believers admit that when faced with life-threatening illness, all that can be done in many instances is to throw one's hands up in total helplessness and, in desperation, call upon God. The miracle that can occur is often not a cure of the illness. The miracle may be the strength and courage given by God to move through the pain and grief with hearts of faith. Remember what Saint Paul tells us today, "For I am convinced that neither death, nor life ... nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord." When we know deep hunger for meaning and direction, when we are at our lowest, let us heed the words of the prophet Isaiah, and come to the Lord, that we may have life. If five loaves and two fish can be multiplied miraculously to feed thousands, then surely the compassion and love of Christ Jesus can be multiplied again and again for those whose hearts hunger and thirst for healing and wholeness.

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Eighteenth Sunday in Ordinary Time
LESSONS TO BE LEARNED

The miracle of the loaves and fishes is one of the best known in the Gospels. It is also one that people have tried to explain as a myth, or say that Jesus called for people to share what they brought and that turned out to be sufficient. The fact that the story is repeated in all four Gospels (one Gospel says Jesus did it twice) leads us to believe that it is a genuine miracle.

When Jesus performs a miracle, he is not trying to show off his power. He always has a lesson that his action illustrates. This miracle can teach us many things. Let's look at a few of them.

One is the compassion of Christ. He has pity on the crowd and first shows his love by curing their sick. Then he sees they are hungry and feeds them. This reminds us that Jesus knows what we need and cares about us.

The bread reminds us of Jesus' temptation in the desert, where he said "man does not live on bread alone." He meant that mere food is not enough; we need to hear God's word. The people all followed Jesus because they wanted to hear more from him. Just as the miracle satisfied the hunger of five thousand families, so his word will satisfy the spiritual hunger of millions.

Notice the actions of the miracle: he blessed, broke, and gave the bread to the disciples to distribute. These are the actions of the Eucharist where bread is blessed, broken, and given to us, his disciples. So the miracle reminds us that Jesus will give us himself as Bread and Wine to be our food and drink. The miracle of bread and wine becoming the Body and Blood of Christ happens every day.

So the question is, do we learn from this miracle? Do we trust the Lord to care for all our needs? Do we thirst for God's word to inform our lives? Do we try to live by that word? And finally, do we take advantage of the great gift of the Eucharist daily or at least weekly? The miracle may have happened two thousand years ago, but the lessons are meant for us today.

Tom Schmidt, Copyright © J. S. Paluch Co.



AUGUST 2020

01	Sat	5:00pm	† Laling Castro
02	Sun	7:00am	NOVENA INTENTIONS—St. John Vianney
		8:30am	Latino Community of St. Michael
		10:00am	† Jose Llanes
		11:30am	† Robert W. Maguire Sr.
		1:00pm	† Pedro Cagaanan
		4:30pm	† Joseph Nguyen & † Dominico Hoang
		6:00pm	† Esmeraldo & † Reynaldo Mistica
		7:30pm	PARISHIONERS OF ST. MICHAEL
			(Living and Deceased)
03	Mon	8:00am	† Vicente Aniversario
			NOVENA INTENTIONS—St. John Vianney
04	Tues	8:00am	† Florenda Robeniol
		7:00pm	† Seferino Sagayap—death anniversary
05	Wed	8:00am	† Primo Maloles—1st year of death
06	Thurs	8:00am	† Andres & † Nicasio David
07	Fri	8:00am	† Rizalina Valdez
		7:00pm	PERPETUAL MEMORIAL INTENTIONS
08/	Sat	8:00am	† Paulina & † Mauricio Fugoso Sr.

If you are unable to get Mass intentions on the day you desire, have a **CANDLE** lit at the shrines of the **“Divine Mercy”** or **“Our Lady of Guadalupe”** inside the church. You may have a candle lit for 7 days, or 42 days. **Your candle intentions, posted on the wall, will be included in the Mass.** You may also write your intentions in the **“Book of Intentions”**. Call the parish office for details.



CANDLE INTENTIONS (also offered at Mass)
(July 29th to August 4th)

DIVINE MERCY SHRINE:

- For Protection of:** Fr. Manny Ediza & Msgr. Jun Cinco
- For the Protection of:** Michael Viñas
- For Healing & Comfort of:** Ryan Martinez
- For Birthday Thanksgiving of:** Reveriano Macoy
- For the souls of:** †Florenda R. Robeniol; †Redencion Q. Lee

OUR LADY OF GUADALUPE SHRINE:

- For Protection of:** Fr. Manny Ediza & Msgr. Jun Cinco
- For the intentions of:** Francis, Paul, John Torrevillas, and Reshil Torrevillas-Dukes
- For the Healing and Comfort of:** Juanita Nery
- For the soul of:** †Rufina Penales Macoy (birthday remembrance)

To light a candle for someone indicates one’s intention to say a prayer for another person, and the candle symbolizes that “prayer.”

“Hear me and understand well...that nothing should frighten or grieve you. Let not your heart be disturbed. Am I not here, who is your Mother? Are you not under my protection?”

- Message of Our Lady of Guadalupe to St. Juan Diego on the 4th Apparition



Let us keep in our prayers our parishioners, relatives and friends who are ill or home-bound: Fr. Julian Hernando, SJ * Charles Moore * Cecilia Paligutan * Joseph Lipa * John Avery * Severo Santos Sr. * Cesar Cortez * Martha Mexia * Josefina Camarena * Amor Castro * Maria Castro * Edmundo Gobaton * Vic Bianes, Sr. * Bea Bianes * David Richter * Brandon Davis * Linda Ramirez * Rosemarie Corbet * Jose Macoy * Crystal Cervantes * Sydney Polish * Cel Besana * Malaya Baniel * Lucy Moya * Norma Tabinga * Harold Pasiderio * Mila Marcial * Melinda Grepo * Nora Paligutan * Msgr. Fernando Gutierrez * Danilo Silvestre * Marcelita Doria * Msgr. Rudy Villanueva * Estrella Macoy * Jane Calloway * Modesta Bayongan * Ryan Martinez * Lena Alpuerto * Julius Umali * Fr. Nelson Vencilao * Michelle Villarosa * Ariana Gobaton-Caramat * Maria Corbett * Robert Aiken * Avila Gachalian * Liz Faye * Teresita Castillo * Frank Thompson * Michael Thompson * Maria Sharmaine Clare Reyes * Richard Razo * Josie Alaysa * Jay Mamuyac * Frances Brown * Christina Prado * Abraham Castillo * Deacon Jim Aquino * Laurie Martell * Raymundo Catalan Jr. * Rosalinda Gaffud * Anthony Jay Tomera * Erlinda Sandel * Apolinia Briz * Rizalina Cruz * Eufrocina Marquez * Fr. Jim Boyd * Kristine De Leon * Harvey Lewis * Jazmine Tolentino * Zoe Sanclimenti * Cora Tayco * Lourdes Libed * Marilyn Mendoza * Rafael Ebue * Mila Corpuz * Fe Endaya * Maverick Muñoz * Divina Cabahug * Annie Cabagnet * Michele Reixoux * Conrado Bautista * Jennifer Pineda * Giget Saldana * Felipe Pacleb, Sr. * Jesus Pacleb * Jeng Realiza * Addison Su * Lita Marcelino * Lydia Demesa * Amy McCormick * Gigi Abelardo * Dave White * Carmen Camaya * Neth Timbol * Maria Mercado * Nenita Acuario * Mary Ann Acuario * Arnulfo Castillo * Reynaldo Castillo * Teofilo Niño Sr. * Hermelinda Morante * all who are sick of coronavirus

This list is updated on a weekly basis. Please call the office to add a name. NAMES ON SICK LIST MAY BE DELETED AFTER 60 DAYS.

“Heal me, Lord, that I may be healed; save me that I may be saved, for You are my praise.” - Jeremiah 17:14

Funeral and Bereavement

Resfina Torrevillas (Coordinator)
Ministry Team: Anita Almuina, Evelyn Buangan, Luis Morales, Anita OngVaño, & Erlinda Soriano Phone: 619-470-1977 or 619-261-2544 (after office hours)



We pray for and remember:

Those who recently died, especially:
 †Catalina Cruz Rodriguez, †Erlinda Sanderson, †Michael Morales

On the 1st Year of Death:
 August 06— †Maria Conepcion Diaz
 August 06 — †Eufemia Delgado-Javier
 August 07— †Carmen Whipple

Requiescant In Pace!

“Let us not hesitate to help those who have died and offer our prayers for them.” - St. John Chrysostom

THE 2020 ANNUAL CATHOLIC APPEAL (ACA)

The theme for 2020 ACA is **“GRATITUDE IN ACTION”**. This theme is one of compassion, hope and love. As disciples we are called to trust in Jesus’ mercy, to trust in his patience, to seek refuge always in his love. Jesus invites us to recognize Him in the poor, in those who suffer, and those in need. We encounter God’s love when we express mercy and compassion through stewardship, service, and sacrifice.

ACA Update as of 07-26-2020

Week	\$ Pledged	Paid *	\$ Goal	# Pledges
14	\$ 27,904	\$ 22,501	\$ 70,000	149
%	39.86 %	32.14 %	100 %	5.78 %

Registered (active) parishioners: **2,578**

Pledges received on 07-26-2020:

Anonymous (7) * Leo / Sheila Fanugao * Regina Rin * Nenita Timbol

THANK YOU! GRACIAS! MARAMING SALAMAT PO!

Nenita (Neth) Timbol & Regina (Nena) Rin, ACA Co-Coordinators

“Don’t forget that God gave you everything you have!”
—Deuteronomy 6:10-13

“As soon as the word spread, the people of Israel gave in abundance the first fruits of grain, wine, oil, honey, and of all the produce of the field; and they brought in abundantly the tithe of everything.” 2 Chronicles 31:5

There are many ways to respond to the Annual Catholic Appeal: a monthly or quarterly pledge; a one-time cash gift; a credit card or electronic funds transfer; visit giving.sdcatholic.org; a gift of stocks or bonds or IRA Charitable Rollover Distribution. Any amount will help. **DON’T DELAY, MAKE A PLEDGE TODAY!**



Be a Part of the Dream—Together We Build

IT’S NEVER LATE TO RESPOND AND BE PART OF THE DREAM!

Please pray and consider being a part of the dream: a new multi-purpose parish center. We need everyone’s participation to make this dream a reality! Call the Parish Office for more information at 619-470-1977.

For those who have already pledged to participate, please fulfill your commitment. **Different ways of fulfilling your commitment** are as follow:

- Use the white envelopes with the logo which may be found in the pews or in the vestibule. Feel free to take envelopes you need. **Drop your contributions in the offertory basket during Mass, or mail it, or take it to the parish office.** Call the parish office if you want envelopes be mailed to you. Make check payable to **St. Michael Church Capital Campaign.**
- Set up **AUTO PAYMENT** with your **Bank** or **Credit Card**, or **ONLINE** at www.stmichaelsandiego.org. Follow the prompt

Please consider making a PLEDGE TODAY and help BUILD THE DREAM for the future generations! Complete the Form below and place in the Offertory Basket, or bring it to the Parish Office.



YOUR CHANGE MAKES A DIFFERENCE. Bring those coins in and drop them in the coin box or jars that you may find inside the church. *Small amounts that we put together will help build our new Parish Center!*



St. Michael Parish Capital Campaign
My/Our Commitment to the Capital Campaign is:

- \$250 monthly for 40 months for a total pledge of \$10,000
- \$125 monthly for 40 months for a total pledge of \$5,000
- \$100 monthly for 40 months for a total pledge of \$4,000
- \$75 monthly for 40 months for a total pledge of \$3,000
- \$50 monthly for 40 months for a total pledge of \$2,000
- \$25 monthly for 40 months for a total pledge of \$1,000
- Other \$ ____ monthly for ____ mos. Total pledge \$ ____
- ONE-TIME GIFT of \$ ____

Donor Signature: _____ Date: _____

If enclosing a check, please make payable to:
St. Michael Capital Campaign

For Official Use Only	Cash	Check
Date	Payment	Auditor

Honor yourself or give Tribute to a loved one (living or deceased). In appreciation, St. Michael Church will remember you and your loved ones in Holy Mass every First Friday of the month at 7:00 p.m. “Perpetual Memorial Intentions”. **Your Gift is tax deductible.**

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- Gift of IRA Transfer
- Gift of Life Insurance
- Including the parish in my will
- Other: _____



REGULAR SCHEDULE OF MASSES RESUMES:

Weekday (Mon.– Fri.) at 8:00 a.m. and 7:00 p.m. on Tuesday & Friday
 Saturday at 5:00 p.m. (anticipated)
 Sunday at 7:00am, 8:30am, 10:00am, 11:30am; 1:00 pm, 4:30 pm, 6:00 pm, and 7:30 pm.

CONFESSIONS WILL BE BY APPOINTMENT ONLY.
 Please call the Parish Office at 619-470-1977.



Culture of Life
 Jim Bundalian (619) 917-1699

The weekly prayer of the Rosary for the Culture of Life which is held every Tuesday will begin at 6:20 p.m. This will be followed with the Novena to Our Mother of Perpetual Help, and Mass at 7:00 p.m.

The greatest destroyer of love and peace is abortion which is war against the child. - Mother Teresa

“It is God who gives life. Let us respect and love human life, especially vulnerable life in a mother’s womb.”
 - Pope Francis

“Human Life is sacred—all men must recognize that fact. From its very inception it reveals the creating hand of God.” - St. Pope John XXIII



FIRST FRIDAY HOLY HOUR AND ALL-NIGHT ADORATION

suspended until further notice.

NOVENA TO THE SANTO NIÑO is held every Friday at 6:45 p.m., before the 7:00 p.m. Mass.

PARISH REGISTRATION REQUEST.

Welcome to St. Michael Catholic Church San Diego!

If you enjoy worshipping at St. Michael Catholic Church, become a member of the St. Michael Parish Family. It is easy to register: complete the form below and drop it in the offertory basket, or take it to the Parish Office.. Membership is FREE and has its privileges.

NAME: _____

ADDRESS: _____

E-MAIL: _____

PHONE NUMBER: (____) _____

New Registration

Change of Address

SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

PRAYER TO CARE FOR OUR COMMON HOME

Father of all, Creator and ruler of the universe, You entrusted your world to us as a gift. Help us to care for it and all people, that we may live in right relationship-- with You, with ourselves, with one another, and with creation.

Christ our Lord, both divine and human, You lived among us and died for our sins. Help us to imitate your love for the human family by recognizing that we are all connected— to our brothers and sisters around the world, to those in poverty impacted by environmental devastation, and to future generations.

Holy Spirit, giver of wisdom and love, You breathe life in us and guide us. Help us to live according to your vision, stirring to action the hearts of all—individuals and families, communities of faith, and civil and political leaders.

Triune God, help us to hear the cry of those in poverty, and the cry of the earth, so that we may together care for our common home. Amen.

This prayer from the United States Conference of Catholic Bishops is based on Pope Francis' Laudato Si': On Care for Our Common Home.

“Have no anxiety at all, but in everything by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.”

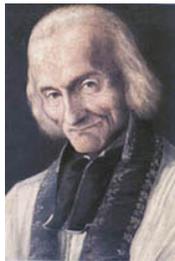
– Philippians 4:6-7



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Join us in celebrating the feast of St. John Marie Vianney, Patron Saint of Priests, on **August 3rd**, (Monday) **Vigil Mass at 5:00 p.m. in the Courtyard**. Intentions through the intercession of St. John Vianney:



- Thanksgiving for the 2020 Ordination of Fr. Raymond Napuli, of Diocesan priest;
 - Thanksgiving for promotion of newly assigned Pastors;
 - Special petition for deliverance,
 - In memory of departed parents and family members of Filipino priests in the Diocese of San Diego
- Hosted by the San Pedro Calungsod and Santo Niño Prayer Groups of St Michael

“When you see a priest, think of our Lord Jesus Christ.” - St. John Vianney

Saint John Vianney, Patron of Priests, Pray for us and for all priests!



Vacation Bible School @ Home.

Your children don't have to miss out on VBS this summer just because they're stuck at home. Join us for a virtual VBS program from August 17-21 that you can do on your own. We have video lessons and activities that the whole family can enjoy. Email Ms. Arla Sigarlaki for more information, asigarlaki@stmichaelsandiego.org.



During these times when we can't regularly meet in person, Youth Group meets every other Tuesday via Zoom. Come hang out with your YG friends, play games, and enjoy

our faith together.

Email Ms. Arla Sigarlaki for more information, asigarlaki@stmichaelsandiego.org.



Young Adult Ministry: Although we may be separated physically, **YAM has been gathering virtually every week.** Join us for Faith Shar-

ing, prayer, and our various other online events. For more information, email smpyam.sd@gmail.com

PRAYER TO VIRGIN MARY FOR PROTECTION

(Composed by Pope Francis to Our Lady, Health of the Sick, to implore her protection during the Covid-19 coronavirus pandemic)



O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide so that as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas — we who are put to the test — and deliver us from every danger, O glorious and blessed Virgin. Amen.

When we go before the Blessed Sacrament, let us OPEN OUR HEARTS; our good God will open His. We shall go to Him; He will come to us; the one to ask the other to receive. It will be like a breath from one to the other.

—St. John Vianney

PLEASE WEAR MODEST ATTIRE IN THE CHURCH

- | | |
|-----------------------------|---------------------------|
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| NO Skirt Above Knees | NO Exposed Midriff |
| NO Tight Fitting | NO See Through |
| NO Shorts | NO Sleeveless |
| NO Offensive Print | |

“Give to the Lord the glory due His name; Adore the Lord in holy attire.” *Psalm 29:2*

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and the snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host - by the Divine Power of God - cast into hell, Satan and all the evil spirits, who roam throughout the world seeking the ruin of souls. Amen.



ONLINE GIVING. We invite you to take the opportunity to benefit from secured Online Giving. To register, please visit www.stmichaelsandiego.org and click on Online Giving link, or go directly to: <https://giving.parishsoft.com/app/giving/stm2643177>.

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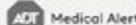


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